



### WEEK 1

**PSALM 100:1-5**

A Psalm of Thanksgiving

**SAY THIS:** Celebrate what God has done.

### WEEK 2

**MATTHEW 20:1-15**

Parable of the Vineyard Workers

**SAY THIS:** Adjust your attitude.

### WEEK 3

**LUKE 17:11-19**

Jesus Heals 10 Men

**SAY THIS:** Say thank you.

### WEEK 4

**1 THESSALONIANS 5:18**

Give Thanks No Matter What

**SAY THIS:** Always be grateful.

## REMEMBER THIS

“Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus.”

1 Thessalonians 5:18, NIV

LIFE  
APP

**GRATITUDE** – Letting others know you see how they’ve helped you

**DO THIS**



**MORNING TIME**

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Start the month by putting a sticky note somewhere in your home that mentions something you are grateful for. Tell your kids to be on the lookout for it and whoever is the first to find it, gets to hide the next sticky note about what they are thankful for the next day. Do this until everyone has had a turn finding the note and delivering it.



**DRIVE TIME**

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When you are driving around ask your kids to pick something they see that they are thankful for, but to not say it aloud. Tell them to play "I Spy" with their choice and try to guess what they are thankful for!



**MEAL TIME**

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Q & A for kids: What is something you can't imagine living without? Who should you thank for that thing? Q & A for parents: If you could go back in history and thank one person for something they did to help the world, who would it be?



**BED TIME**

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Read Luke 17:11-19. List as many people as you can think of who have done something for you in the past few weeks. Now, make a plan to say "thank you" the next time you see those people. You might even write a thank you card! Pray for each other, that God will help you notice and say "thank you" in the moment any time someone does something for you.

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